

लाल बहादुर शास्त्री पैरामेडिकल काउंसिल उत्तर प्रदेश

Head Office: 2nd Floor Sunil Complex Near RG PG College Meerut



Exam: June & December

(To be implemented from 2023-24 session)

LAL BAHADUR SHASTRI PARAMEDICAL COUNCIL

DIPLOMA IN SANITARY INSPECTOR

DURATION: 02 YEARS

SYLLABUS

SYLLABUS:

- 1. Anatomy and Physiology
- 2. General Sanitation

Climatology

Nutrition

Entomology

Disinfection and disinfestations

Hygiene inspection

Hygiene of movement

Personal hygiene and snake bite and its first aid

3. Minor Sanitary Engineering

Water supply

Disposal of waste products

Disposal of non-excremental refuse

Ventilation, lighting and heating

4. Preventive Medicine & Public Health Administration

Communicable diseases

Non-communicable diseases and conditions

Contact diseases

Mental health

Occupational health

Insect borne diseases and animal borne diseases

Immunology

Health education

Vital statistics

Elementary bacteriology

Family planning

Rural or village sanitation, fair & festivals

PAPER	DURATION OF STUDY	SUBJECTS	DURATION OF PAPER	MARKS
PAPER I	50	Anatomy	03	25
Anatomy and	25	Physiology	HRS	25
Physiology		INTERNAL ACCEPANT	TOTAL	50
, 23	10	INTERNAL ASSESMENT		50
	10 25	Climatology Nutrition		05
				15
	50 25	Entomology Disinfection and disinfestations		25 15
PAPER II	50		03	25
General	05	Hygiene inspection	HRS	05
Sanitation	03	Hygiene of movement		03
	10	Personal hygiene and snake bite and its firstaid		10
		1331H120	TOTAL	100
		INTERNAL ASSESMENT		100
	60	Water supply		30
PAPER III	40	Disposal of waste products	03	30
Minor Sanitary	40	Disposal of non-excremental refuse	HRS	20
Engineering	INTERNAL ASSESMENT 60 Water supply 40 Disposal of waste products 40 Disposal of non-excremental refuse 35 Ventilation, lighting and heating TOTAL INTERNAL ASSESMENT	20		
	2		TOTAL	100
				100
	30	Communicable diseases		20
	20	Non-communicable diseases and conditions		10
	10	Contact diseases		05
	05	Mental health		05
	15	Occupational health		10
PAPER IV Preventive	25	Insect borne diseases and animal borne diseases	03 HRS	10
Medicine &	10	Immunology	IIKS	05
Public Health	15	Health education		10
Administration	15	Vital statistics		10
	10	Elementary bacteriology		05
	10	Family planning		05
	10	Rural or village sanitation, fair & festivals		05
		INTEDNAL ACCEMENT	TOTAL	100
	60	INTERNAL ASSESMENT		100
	180	Anatomy and Physiology General Sanitation		
PRACTICAL	180	Minor Sanitary Engineering	03	100
TRACITCAL		Preventive Medicine & Public Health	HRS	100
	180	Administration		

			OF URS
S NO	COURSE CONTENT OF FIRST YEAR	THEORY	PRACTICAL
1.	ANATOMY	50	
(i)	Introduction - Tissues of the body	02	-
(ii)	Skeletal System - The skull, the thorax, the vertebral column, the pelvicgirdle, the upper limb, the lower limb	04	-
(iii)	Arthrology - Types, characteristics, varieties and movements. - Special joints - Sternoclavicular, acromioclavicular, shoulder, elbow, radioulnar, wrist, hip, knee, tibiofibular, ankle and joints of the hand and foot.	04	
(iv)	Myology - Muscles of head and face, chest, abdomen, back,upper and lower extremities. - Anatomical spaces.	04	
(v)	Circulatory System - Heart and blood vessels	05	
(vi)	Lymphatic system	04	50
(vii)	Alimentary system - Alimentary canal and accessory organs.	04	-
(viii)	Respiratory system - Respiratory passage, lungs and pleura.	04	-
(ix)	Endocrine glands	04	_
(x)	Urinary system - Kidney, Ureter and Urinary bladder.	04	-
(xi)	Nervous system - Meninges, brain, spinal cord, nerves and their plexuses.	04	-
(xii)	Organs of special senses - Tongue, nose, eye, ear and skin.	04	1
(xiii)	Reproductive system - Male and female.	04	-

2.	PHYSIOLOGY	25	
(i)	Circulatory system - Blood - Cardiac cycle and circulation of the blood - Blood pressure and pulse	04	
(ii)	Digestive system - Food - Digestion of food	03	
(iii)	Physiology of respiration	04	
(iv)	Metabolism	04	25
(v)	Function of Endocrine Glands	04	
(vi)	Renal function	02	
(vii)	Nervous system and cerebrospinal fluid.	02	
(viii)	Taste, sight, smell and hearing.	02	
	PAPER – II (GENERAL SANITATION)		
2.	CLIMATOLOGY	10	
(i)	Causes of environmental Diseases & effect of climate on health	02	
(ii)	Effects of Heat & Prevention	02	
(iii)	Effects of cold, High Altitude & Prevention	02	10
(iv)	Museum – climate section	02	
(v)	Meteorological instruments and their uses	02	
3.	NUTRITION	25	
(i)	Elementary physiology of the digestive system	02	
(ii)	Food constituents, function and requirements	02	
(iii)	Balanced diet	02	
(iv)	Museum- Food section	-	25
(v)	Vitamins and deficiency diseases	02	
(vi)	Malnutrition and its prevention	02	+
(vii)	Food adulteration and food adulteration act.	02	-
(viii)	Inspection of food stuff, dry, fresh and tinned.	02	

(ix)	Storage, transportation and cooking of food.	02	
(x)	Food poisoning- Investigation and control	02	
(xi)	Hygiene inspection of Bakery	02	
(xii)	Hygiene inspection of Butchery	01	
(xiii)	Milk supplies and pasteurization of milk	01	
(xiv)	Hygiene inspection of dairy farm	01	
(xv)	Visit to Dairy Farm,	-	
(xvi)	Taking of milk sample and analysis of milk	02	
(xvii)	Museum – Milk and food section	-	
4.	ENTOMOLOGY	50	
(i)	House fly life history ,habits and its relation to the spread of diseases	02	
(ii)	Antifly measures – fly survey	02	-
(iii)	Museum study –fly section	02	
(iv)	Ticks – Biomics , morphology ,diseases transmitted and control	02	-
(v)	Rat flea-Biomics, morphology, diseases transmitted and control	02	-
(vi)	Louse – Biomics , morphology ,diseases transmitted and control	02	-
(vii)	Sand fly – Biomics, morphology, diseases transmitted and control	02	-
(viii)	Dimdam fly – Biomics , morphology ,diseases transmitted and control	02	-
(ix)	Trombicula mite ticks – Biomics , morphology ,diseases transmittedand	02	50
(x)	control Bed bugs – Biomics , morphology ,diseases transmitted and control	02	
(xi)	Leeches- life history and control	02	
(xii)	Museum – Insect section	-	
(xiii)	Field work – Sand fly survey	-	
(xiv)	Delousing – (Lecture/Demonstration)	01	-
(xv)	De-bugging	01	-
(xvi)	Importance of Malaria	02	-
(xvii)	Life cycle of Anopheline and Culicine mosquitoes	01	-
(·)	- /	, v .	

(xviii)	Differentiation of Anopheline and Culicine mosquitoes in all stages	02
(xix)	Habits of mosquitoes	01
(xx)	Museum mosquito section	-
(xxi)	Malaria parasites –life cycle, species and characteristics (Lecture/Demonstration)	01
(xxii)	Museum malaria parasites section	-
(xxiii)	Dissection of adult mosquitoes	-
(xxiv)	Field work- Adult mosquitoes collection	-
(xxv)	Preservation of collected specimens	01
(xxvi)	Vectors of major importance in India	01
(xxvii)	Malaria survey and spot map making	01
(xxviii)	Field work - Malaria survey and spot map making	-
(xxix)	Malaria control in general	01
(xxx)	Suppressive treatment and anti malaria drugs	01
(xxxi)	Personal protective measures, camp siting and malaria curfew	01
(xxxii)	Anti malarial discipline and orders regarding stores and equipment	01
(xxxiii)	Anti adult measures	01
(xxxiv)	DDT, BHC as insecticides and their formulation	01
(xxxv)	Preparation of DDT solution /suspension	01
(xxxvi)	Spraying equipments, their working and maintenance	-
(xxxvii)	Preparation of DDT solution (practical)	-
(xxxviii)	Techniques of DDT spraying	01
(xxxix)	DDT spraying	01
(xxxx)	Pyrethrum formulation and use	01
(xxxxi)	Anti larval measures	01
(xxxxii)	Chemical larvicide	01
(xxxxiii)	Oiling and DDT spraying for anti larval measures	01
(xxxxiv)	Anti malaria drainage and dry day	01

(xxxxvi) (xxxxvii) (xxxxviii) 5.	Field work – mosquito larval collection Museum- Insecticides section NMEP DISINFECTION AND DISINFESTATION	- 01 25	- - -
(xxxxviii)	NMEP	01	-
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5.	DISINFECTION AND DISINFESTATION	25	1
		23	
(i)	Object of disinfection and disinfestations	02	-
(ii)	Physical methods of disinfection	02	-
	TOT disinfector –Demo area	03	-
(111)	101 disfillector – Dellio area	03	
(iv)	Field portable disinfector MIL III	03	_
(v)	Practical work of TOT disinfector by trainees	-	-
(vi)	Various methods of improvised disinfectors	03	- 25
(vii)	Chemical and gaseous disinfectants	03	-
(viii)	Methods of disinfecting virus infected articles	03	
(ix)	Methods of carrying local and complete disinfection	03	-
(x)	Practice in conducting local and complete disinfection	03	
6.	HYGIENE INSPECTION	50	
	General principles of carrying out hygiene inspection and method of writing hygiene report on sanitary inspection	07	-
	Hygiene inspections of living accommodation ,recreation and information room, cook houses , dining hall ,messes , ration stores ,canteen	08	-
(iii)	Hygiene inspection of latrines, urinals, bathrooms & barber shops	07	_
(iv)	Hygiene inspection of married quarters and unit institutions	07	50
(v)	Hygiene inspection of mineral water and ice factory	07	-
(vi)	Hygiene inspection of restaurant	07	-
(vii)	Hygiene inspection of school	07	-
(viii)	Sanitary inspection and submission of report (practical)	-	-

7.	HYGIENE OF MOVEMENT	05	
(i)	Hygiene of movement	02	05
(ii)	Hygiene of the movement by Rail ,Ship & Air	03	
8.	PERSONAL HYGIENE AND SNAKE BITE AND ITS FIRST AID	10	
(i)	Personal hygiene /museum / film-personal hygiene	05	
(ii)	The important poisonous snakes of India and how to distinguish a poisonous from non-poisonous snakes	03	10
(iii)	First aid of snake bite	02	
	PAPER – III (MINOR SANITARY ENGINEERING)		
9.	WATER SUPPLY	60	
(i)	Sources and protection of water supply	04	
(ii)	Requirement and distribution	04	
(iii)	Purification of water	04	
(iv)	Sedimentation of water (Lecture/Demonstration)	04	
(v)	Filtration of water	04	
(vi)	Horrock's test	04	
(vii)	Sterilization of water by chlorine	04	
(viii)	Water purification in the field (Two tank method)	04	
(ix)	Sterilization of water in containers	04	
(x)	Museum- Water section	-	60
(xi)	Water Tank/ Trucks and filters	04	
(xii)	Establishment of water point	04	
(xiii)	Demo area- water point	-	
(xiv)	Estimation of Chlorine in bleaching powder	04	
(xv)	Preparation of cadmium iodide and starch solution	04	
(xvi)	Individual water sterilizing out fit	04	
(xvii)	Sampling of water for chemical and bacteriological examination	04	

10.	DISPOSAL OF WASTE PRODUCTS	40	
(i)	Disposal of waste products, General principles and methods employed	04	
(ii)	Disposal of human feaces	02	
(iii)	Water carriage system, house drainage, various sanitary appliancesused.	04	
(iv)	Testing of house drains	02	
(v)	Disposal of sewage (Sewage works)	02	
(vi)	Visit to sewage disposal plant	-	
(vii)	Septic tanks, designs, construction and disposal of effluent	02	
(viii)	Aqua privy	02	
(ix)	Removal system, pan type, collection and disposal by trenching composting and incineration.	02	
(x)	Visit trenching ground	-	40
(xi)	Nitrogen cycle	02	40
(xii)	Disposal of human feaces in semi permanent camp	02	
(xiii)	Deep trench latrine- construction, maintenance	02	
(xiv)	Bore hole and built up deep trench latrine	02	
(xv)	Disposal of human urine in semi permanent camp, funnel urinal, urinal through urinal	02	
(xvi)	Disposal of human excreta in camp	02	_
(xvii)	Shallow trench latrine, incinerator latrine	02	
(xviii)	Demo area- excreta disposal section	-	
(xix)	Rural latrine	02	
(xx)	Improvised sanitary appliances used in the field (Demo area)	02	
(xxi)	Disposal of animal excreta, tight pack	02	
11.	DISPOSAL OF NON-EXCREMENTAL REFUSE	40	
(i)	Disposal of solid refuse-collection, removal and disposal	05	40
(ii)	Various incineration used in the field construction maintenance	05	
(iii)	Beehive incinerator	05	1

(iv)	Demo area- Incinerator section	-	
(v)	Disposal of liquid waste	05	
(vi)	Cold water grease trap and working principle construction and maintenance	05	
(vii)	Soakage pit- construction and maintenance	05	
(viii)	Demo area liquid waste collection	-	
(ix)	Improvised grease trap	05	
(x)	Museum- disposal of refuse section	-	
(xi)	Disposal of dead bodies and carcasses	05	
12.	VENTILATION, LIGHTING AND HEATING	35	
(i)	Air composition, pollution of air and their effects on health, temperature	15	35
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(ii)	The principles of ventilation, type of ventilation and simple methods of warming, lighting and ventilation	20	
	warming, lighting and ventilation		
F	warming , lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRA	TION)	
F 13.	warming ,lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRATED COMMUNICABLE DISEASES	30	
13. (i)	warming ,lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRA COMMUNICABLE DISEASES Epidemiology	30 02	
13. (i) (ii)	Warming ,lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRATED COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions –patients ,missed cases ,carriers ,contacts , incubation period, isolation, quarantine ad surveillance, epidemics ,endemics, pandemics	30 02 02	
13. (i) (ii) (iii)	Warming ,lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRA COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions –patients ,missed cases ,carriers ,contacts , incubation period, isolation, quarantine ad surveillance, epidemics ,endemics, pandemics	30 02 02 03	30
13. (i) (ii) (iii) (iv)	Warming ,lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRA COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions –patients ,missed cases ,carriers ,contacts , incubationperiod, isolation, quarantine ad surveillance, epidemics ,endemics,pandemics Excremental diseases and general control measures	30 02 02 03 02	30
(i) (ii) (iii) (iv) (v)	Warming ,lighting and ventilation PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRA COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions –patients ,missed cases ,carriers ,contacts , incubation period, isolation, quarantine ad surveillance, epidemics ,endemics, pandemics Excremental diseases and general control measures Cholera –prevention and control	30 02 02 03 02 02	30
(i) (ii) (iii) (iv) (v) (vi)	PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRAL COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions – patients , missed cases , carriers , contacts , incubation period, isolation, quarantine ad surveillance, epidemics , endemics, pandemics Excremental diseases and general control measures Cholera – prevention and control Dysentery and diarrhea – prevention and control	30 02 02 03 02 02 02 02	30
(i) (ii) (iii) (iv) (v) (vi) (vii)	PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRAL COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions –patients ,missed cases ,carriers ,contacts , incubationperiod, isolation, quarantine ad surveillance, epidemics ,endemics,pandemics Excremental diseases and general control measures Cholera –prevention and control Dysentery and diarrhea–prevention and control Infectious hepatitis–prevention and control	30 02 02 02 03 02 02 02 02	30
(i) (ii) (iii) (iv) (v) (vi) (vii) (viii)	PAPER – IV (PREVENTIVE MEDICINE & PUBLIC HEALTH ADMINISTRAL COMMUNICABLE DISEASES Epidemiology Classification of diseases – chain of infection Definitions –patients ,missed cases ,carriers ,contacts , incubationperiod, isolation, quarantine ad surveillance, epidemics ,endemics,pandemics Excremental diseases and general control measures Cholera –prevention and control Dysentery and diarrhea–prevention and control Infectious hepatitis–prevention and control Poliomyelitis –prevention and control	30 02 02 02 03 02 02 02 02 02	30

(xii)	B C G	01	
(xiii)	Small pox –prevention and control	01	
(xiv)	Chicken pox –prevention and control	01	
(xv)	Measles –prevention and control	01	:
(xvi)	Mumps –prevention and control	01	:
(xvii)	Influenza –prevention and control	01	
(xviii)	Whooping cough –prevention and control	01	
(xix)	Diphtheria –prevention and control	01	•
14.	NON-COMMUNICABLE DISEASES AND CONDITIONS	20	
(i)	Cancer –prevention and control	04	-
(ii)	Cardiovascular diseases	04	-
(iii)	Diabetes	04	20
(iv)	Blindness	04	-
(v)	Accidents of S	04	
15.	CONTACT DISEASES	10	
(i)	STD –prevention and control	03	•
(ii)	Scabies –prevention and control	03	10
(iii)	Other skin diseases	02	10
(iv)	Leprosy	02	
16.	MENTAL HEALTH	05	
(i)	Warning signals of poor mental health and causes of mental health	02	05
(ii)	Mental health services, alcoholism and drug dependency	03	
17.	OCCUPATIONAL HEALTH	15	
(i)	Occupational health and diseases	05]
(ii)	Measures for the general health protection of workers ,prevention of occupational diseases	10	15

INSECT BORNE DISEASES AND ANIMAL BORNE DISEASES	25	
Filariasis –prevention and control	02	
Dengue –prevention and control	02	
Yellow fever –prevention and control	02	
Other viral diseases –prevention and control	02	
Relapsing fever –prevention and control	02	
Sand fly fever –prevention and control	02	
Plague –prevention and control	02	
Scrub typhus –prevention and control	02	
Louse borne diseases	01	
Murine typhus	01	
DBP application drill(demo/pract)	-	25
Rabies –prevention and control	01	
Tetanus –prevention and control	01	
Anthrax –prevention and control	01	
Undulant fever –prevention and control	01	
Leishmaniasis –prevention and control	01	
Rat bite fever –prevention and control	01	
Rodent control	01	
Laboratory work	-	
Museum/ film- Scrub typhus	-	
IMMUNOLOGY	10	
Elementary immunology	02	
Innoculation and vaccination	04	10
Techniques of vaccination	04	
HEALTH EDUCATION	15	
Importance of health education in relation to environmental sanitation		15
	Filariasis – prevention and control Dengue – prevention and control Yellow fever – prevention and control Other viral diseases – prevention and control Relapsing fever – prevention and control Sand fly fever – prevention and control Plague – prevention and control Scrub typhus – prevention and control Louse borne diseases Murine typhus DBP application drill(demo/pract) Rabies – prevention and control Tetanus – prevention and control Undulant fever – prevention and control Leishmaniasis – prevention and control Rat bite fever – prevention and control Rodent control Laboratory work Museum/ film- Scrub typhus IMMUNOLOGY Elementary immunology Innoculation and vaccination Techniques of vaccination HEALTH EDUCATION	Filariasis – prevention and control Dengue – prevention and control Yellow fever – prevention and control Other viral diseases – prevention and control Relapsing fever – prevention and control Sand fly fever – prevention and control Plague – prevention and control O2 Scrub typhus – prevention and control Louse borne diseases Murine typhus DBP application drill(demo/pract) Rabies – prevention and control O1 Tetanus – prevention and control O1 Anthrax – prevention and control Undulant fever – prevention and control Undulant fever – prevention and control Cleishmaniasis – prevention and control Rat bite fever – prevention and control Rat bite fever – prevention and control I Laboratory work Museum/ film- Scrub typhus IMMUNOLOGY Elementary immunology Innoculation and vaccination Techniques of vaccination O4 HEALTH EDUCATION 15

(ii)	Tools and techniques in health education	04	
(iii)	Preparing charts, demonstration of audiovisual aids, posters and filmetc	04	
(iv)	Organization meetings and how to deliver on health	04	
21.	VITAL STATISTICS	15	
(i)	Importance and use of vital statistics collection, complication and presentation	03	
(ii)	Calculation of rates	03	15
(iii)	Other statistic related to health	03	
(iv)	Population statistics	03	
(v)	Charts and diagrams	03	
22.	ELEMENTARY BACTERIOLOGY	10	
(i)	Micro-Organisms, their structure	03	10
(ii)	Disease producing organisms, Pathogenicity, Virulence and growth inculture media	07	10
23.	FAMILY PLANNING	10	
(i)	Family planning and necessity	03	
(ii)	General out lines of the methods:- Non surgical methods-use of contraception and safe period etc Surgical methods and MTP	07	10
24.	RURAL OR VILLAGE SANITATION, FAIR & PESTIBLES	10	
(i)	Rural or village sanitation	05	10
(ii)	Fair and Festivals	05	1